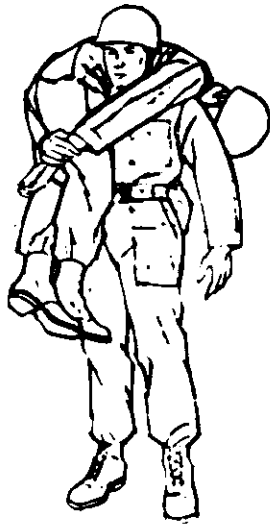


ESSENTIAL SUBJECT
PERFORMANCE ORIENTED TRAINING

STUDENT ADVANCE SHEET



INJURED PERSON
CARRY TECHNIQUES



JULY 1976

FIRST AID AND FIELD SANITATION STUDENT ADVANCE SHEET

TRAINING STATION #1: Injured Person Carry Techniques

OBJECTIVE: Provided with a blanket and two poles of sufficient length to improvise a stretcher, move a victim with a simulated injury 20 feet using a one-person carry, two-person carry, and a field improvised stretcher with the assistance of another Marine (as required).

INSTRUCTIONS: The advance sheet for this training station contains the key teaching points for the instruction which you will receive. You should read through this sheet carefully to prepare yourself for instruction in and performance testing of the objective listed above. You should bring this advance sheet to class with you. The advance sheet for this training station has been broken down into the following parts:

PART I: IMPROVISED BLANKET STRETCHER

PART II: TWO-PERSON SADDLEBACK CARRY

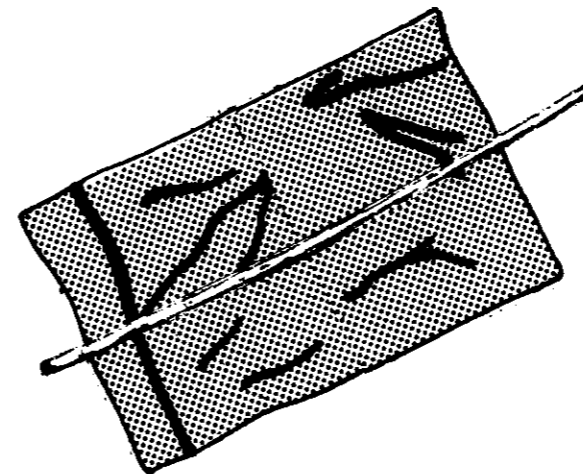
PART III: FOUR-HAND (PACKSADDLE) CARRY

PART IV: FIREMAN'S CARRY

PART V: NECK DRAG

PART I: IMPROVISED BLANKET STRETCHER

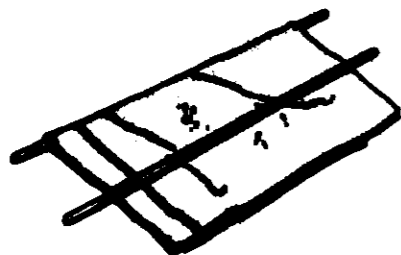
STEP A: OPEN the blanket - Place one pole lengthwise across the center of the blanket.



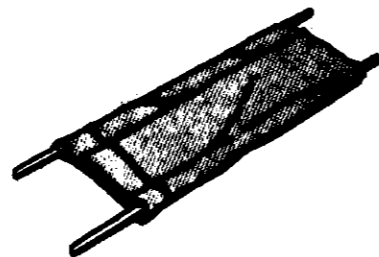
STEP B: FOLD the blanket OVER the POLE.



STEP C: PLACE a SECOND POLE across the CENTER of the FOLDED blanket parallel to the first pole.



STEP D: FOLD the FREE EDGES of the blanket OVER the second pole.



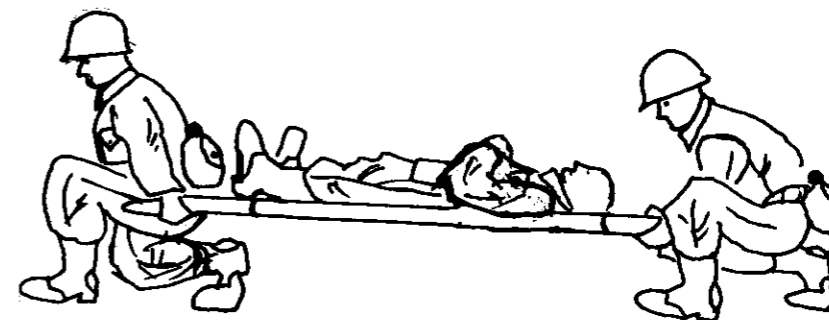
STEP E: LIFT the casualty onto the stretcher.



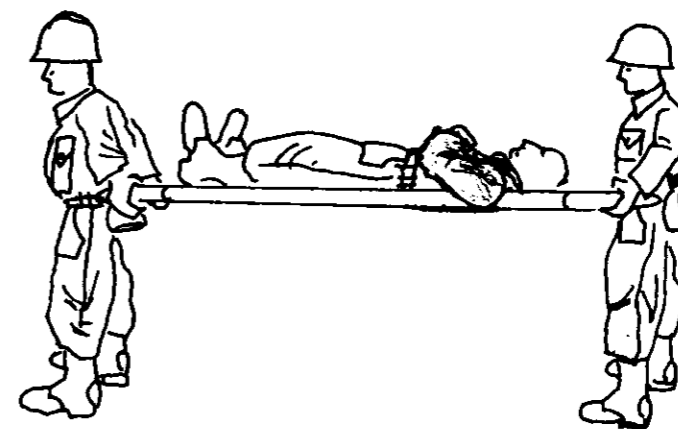
Lift the casualty in a manner that will disturb his injury the least.

The weight of the casualty will hold the blanket on the poles.

STEP F: With one Marine at each end of the stretcher, facing the direction the casualty's feet are pointing, LIFT BOTH ENDS at the same time.



STEP G: Transport the casualty feet first (walking out of step).



PART II: TWO-PERSON SADDLEBACK CARRY

STEP A: One Marine SPREADS the casualty's legs - KNEELS between the legs with his/her back to the casualty - POSITION his/her hands behind the knees.



STEP B: The other Marine KNEELS at the casualty's head - SLIDES his/her hands UNDER the casualty's arms and across the casualty's chest - LOCKS his/her hands together.

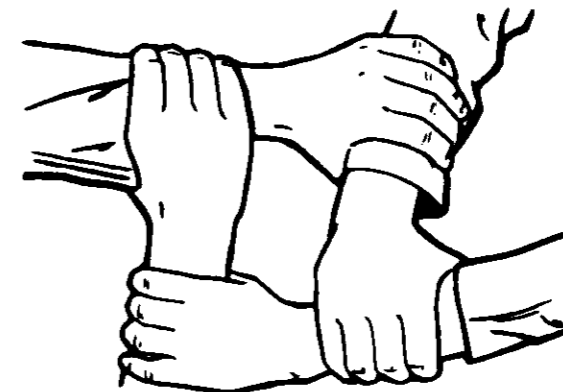
STEP C: The two Marines rise together, LIFTING the casualty.



STEP D: Transport the casualty walking in step.

PART III: FOUR-HAND PACKSADDLE CARRY

STEP A: Each Marine GRASPS his/her LEFT (RIGHT) WRIST with one hand in front - GRASP the other Marine's FREE WRIST with the OTHER HAND forming a packsaddle. Palms of hands must be down.



STEP B: The two Marines lower themselves sufficiently for the casualty to sit on the packsaddle; then they have the casualty place his/her arms around their shoulders and rise to an upright position.

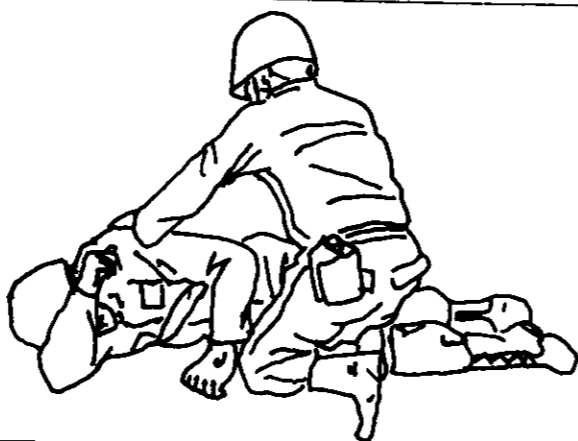
STEP C: Transport the casualty.



PART IV: FIREMAN'S CARRY

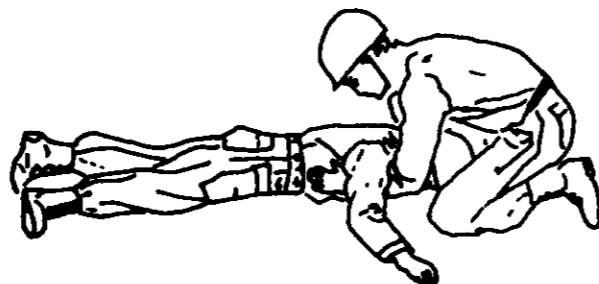
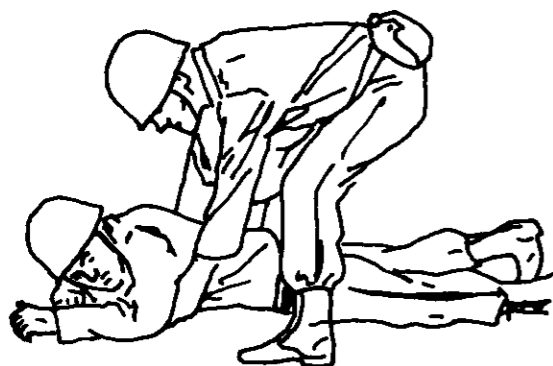
STEP A: If the casualty is lying on his/her back, **KNEEL** at the casualty's **UNINJURED** side - **PLACE** the casualty's arm on the uninjured side **ACROSS** his/her face - **ROLL** him/her **TOWARD** you onto his/her stomach.

If the casualty is on stomach, omit STEP A.



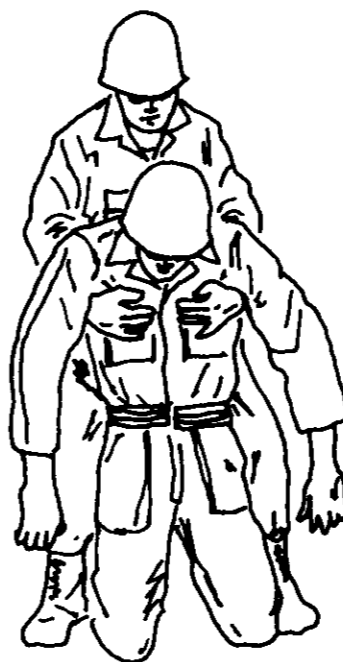
STEP B: **STRADDLE** the casualty; **GRASP** him/her by **EXTENDING** your hands **UNDER** casualty's armpits and **AGAINST** casualty's chest.

OR ALTERNATE STEP B: **KNEEL** on **ONE KNEE** at casualty's **HEAD** - **GRASP** casualty by extending your hands under casualty's armpits, down his/her sides, and across his/her back.



STEP C: **LIFT** the casualty to his/her **KNEES**; **SECURE** your hold; **RAISE** casualty to a **STANDING** position until his/her knees lock.

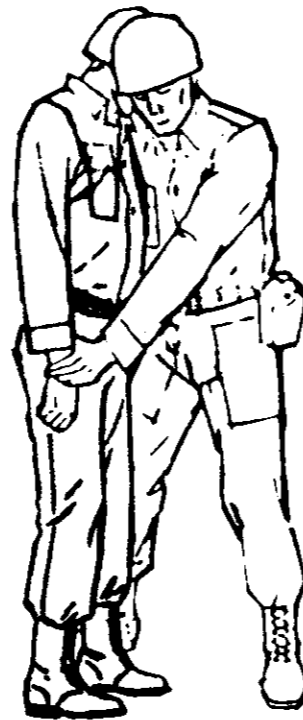
OR ALTERNATE STEP C: As you **RISE**, **LIFT** the casualty to his/her knees - **SECURE** your hold - **RAISE** casualty to a standing position until his/her knees lock.



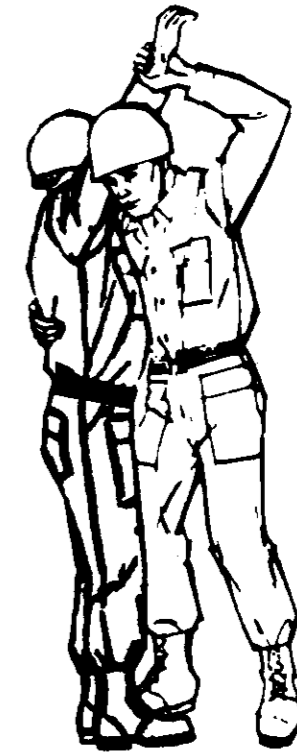
STEP D: SUPPORT the casualty with one arm around the waist; take HOLD of casualty's arm farthest from you at the wrist with your free hand. MOVE in front of casualty.



OR ALTERNATE
STEP D: SUPPORT the casualty with one arm around the waist; take hold of casualty's arm farthest from you at the wrist with your free hand.



STEP E: RAISE the casualty's ARM over your head.



STEP F: BEND at the waist and knees - PULL casualty's arm over and down your SHOULDER, thus bringing casualty's body ACROSS YOUR SHOULDERS - At the same time PASS your ARM between casualty's legs and grasp casualty's KNEE with your hand.



STEP G: STAND with casualty on your shoulders.



STEP H: GRASP the WRIST of the casualty's arm that is across your shoulder with the hand of your arm that is between the casualty's legs - your other hand is free.



PART V: NECK DRAG

STEP A: POSITION the casualty on back - TIE casualty's hands together.

STEP B: STRADDLE the casualty on your hands and knees facing the same direction as casualty's head.

STEP C: LOOP the casualty's hands over your neck - CRAWL, DRAGGING casualty with you.

