

Official Notice**1996 Evidence Kit**

A group of current and former intelligence officers has put together an educational package of material called the "Evidence Kit" written for educators and elected officials. With the "Evidence Kit" you can show history professors at Colleges and High Schools the evidence of live POWs, so they might teach their students about the POW/MIAs. With the "Evidence Kit" you can meet with your Congressman & Senator to show them the proof & evidence of live POWs. Included in the "Evidence Kit": 4300 live sighting reports; returned POWs debriefings; CIA & DIA reports; 309 discrepancy cases; select bio-sheets; how and where to get newly declassified POW intelligence reports. With the kit you can hold "show trials" to present the live POW data to the press and the public. Buy your history teacher, congressman, and senator a live POW "Evidence Kit".

To order, send \$25.00 for each "Evidence Kit" to:

Michael Van Atta, Director
The POW Educational Fund
 7035 Ingalls Ct.
 Arvada, CO 80003
 or phone
 (303) 467-6847

cover up or protect the fact that we left a number of live Americans in the hands of our enemies after we declared a cease fire, after we stopped doing battle and after all American POWs were to have been released. The

This information service is designed to help President Clinton's appointees and other officials understand that there are unresolved problems of Americans who were captured alive and taken prisoner (POWs), but who were not released.

information about live American prisoners is to date kept highly classified and hidden from the families of the live POWs and the general American public. This data is not in the records at the National Archives, the Library of Congress, nor the open service records of missing Americans that are shown to MIA (missing in action) next-of-kin families.

It has been a difficult task to secure the opinions, views, ideas and observations of veterans who were involved when a man went missing, and eye-witnesses reporting through intelligence channels that they saw, talked to and/or cared for Americans who were held after the final release. The results have led to misinformation and less than accurate observations which have been passed on to the MIA families. *The Insider* has attempted to separate the valid information from the false

Some officials, while meaning well, have misled the public about the facts concerning live American POWs. The prevailing expressed opinion by these officials is: "There are no live American POWs being held against their will." This supposed assurance is not supported by the security-classified secret files. The following is some information from the secret files.

EXOMATOSIS

In 1984 I was introduced to a secret program that I will call *Exomatosis*, defined as: "The ability to willfully abandon one's body, live fully conscious within the psycho-noetic dimensions and then return back to the

MIA cases. Do not be afraid to try it.

If progressive and maverick thinkers in the Pentagon's POW/MIA unit can put this proposal into the hands of those who make the decisions on how to proceed in resolving the POW/MIA problem, successful completion can be achieved. But, if the ostriches at DIA who want to keep their heads in the sand, ignoring a solution to the problem that is simple and straight forward, want to close the POW/MIA office with a statement that, "All that could be done is now done and the search is complete", they have overlooked their own program of remote viewing as a pathway to the acceptable conclusion.

THANKS

I am taking this opportunity to introduce a new member of the staff of *The Insider*. New to the staff is the addition of an Editor, Cynthia Hoffman, Ph.D. In order that you might read information presented in a logical fashion, Cynthia has agreed to put in the hours of painstaking effort to edit *The Insider* so that it clearly presents our message about the live POWs. Cynthia's degrees are in Sociological Research, Holistic Wellness and Pastoral Counseling. She is an ordained minister at The Chapel of Spiritual Fellowship in the Denver area. She has been involved in the POW movement since 1989. Thank you, Cynthia. I love you.

Sincerely,



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**Prisoners of War
Missing in Action**

A group of current and former intelligence officers has established an educational fund to provide government officials and the general public with hard factual proof that Americans were captured alive, in war, and were not released. The group publishes a monthly newsletter called

The Insider

that reviews CIA documents and provides insight through review of POW sightings and discrepancy cases of captives who were not released. For subscriptions or information, please contact:

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 (303) 467-6847
 e-mail
 theinsider@theonramp.net

Cluster Map Now Available

Now you can have your own copy of the famous "Cluster Map" which reports on 928 sighting locations. This 11" by 17" color map was made with data taken from 16,000 source intelligence reports which have already filtered out all non prisoner or 'accounted-for' reports. All reports of Garwood, Kay, Gay, or Gougelman, as well as yachtsmen, smugglers, living freely, foreign nationals, dog tag reports, remains reports, and crash site reports have already been filtered out for you. The data is a picture of DIA's database with 928 live sighting prisoner reports, pinpointing their locations, current to April 8, 1992 sighting reports.

216 blue pins - 1970's eyewitness

484 red pins - 1980-1990 eyewitness

228 yellow - hearsay, date not reported

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3) As this is not a spy operation, but an open public forum designed to open political doors and to heal the grievous wounds of the hearts of families who lost someone in war, the Lao and Vietnamese governments should be informed and asked to be involved and participate with full cooperation in the project.

4) Psychics who have access to the akashic records should be employed to consult the historical records on each case of a POW/MIA and document the fact that a person was killed or died, at what point in time,

and the location where he is buried. Given that a person may have been captured alive, identify where that person's soul is at this point in time.

5) Go to these countries with the psychic team, to help to locate the graves of the missing who have died and be allowed to lead families to the heart beat of their missing loved one, if he is still alive.

6) The readings may lead to Americans on the MIA list who are already in the United States or other countries. While it would require the disclosure of these individuals' names and locations, this project can move forward to deal with these issues and unanswered questions.

7) This is a bold move to use the tested and proven method of exomatosi to resolve an issue or problem that has lingered for over 20 years, unsolved as a mystery and a deep misery on our nation's consciousness. Our hearts go out to the families of those who have loved ones still missing, who continue to suffer and anguish not knowing their fate. And our hearts go out to the live POWs who survive today. By applying newly discovered techniques we can achieve results far beyond those already bench-marked and measured as success today. The results produced to date using conventional methods to locate the missing are so very meager, but can be escalated to a fast track to achieve a definitive conclusion using proven, but untried, methodology. Open your mind and your heart to embrace this new idea. Promote it as a pathway to achieve a conclusion in all the POW/

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body. It implies remembering whatever one experiences in the out-of-body state." (*Magus of Strovolas*, Kyriacos Markides, Penguin Books, 1990) Since 1978, the United States government has spent \$3 million annually to remote view or use exomatosi to gather intelligence, to observe happenings in places where no agent had been assigned and to confirm what electronic intelligence assets had already collected. (See message 051630ZJUL78). These secret programs were run under several different cover names.

There are many recent publications that give detailed accounts of the remote viewing projects. *Psychic Warrior* (St. Martin's Press, 1996) by David Morehouse (Home 301-464-5007, Work 619-729-3250), a member of one of the remote viewing teams, gives an autobiographical look at the work done in these programs. Time-Life Books, Inc. published *Psychic Powers* in 1987, in which remote viewing programs in the Soviet Union and the United States were exposed.

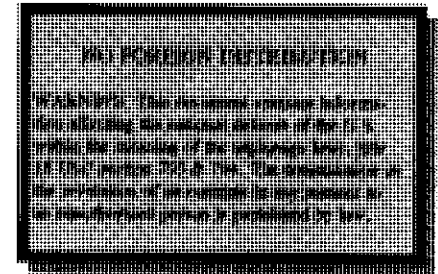
A brief biography of Edgar Cayce is also included in *Psychic Powers* (pg.96) Cayce was a gifted psychic who died in 1945. He gave more than 14,000 medical readings that proved to be accurate in 85% of the cases presented. The readings are on file at the Association for Research and Enlightenment, Inc. (also known as A.R.E.), 67th Street and Atlantic Ave., P.O. Box 595, Virginia Beach, VA., 23451. Tel. 757-428-3588. Cayce's files are available to the public.

Cayce entered into a trance, then tapped into what he called "God's book of remembrance", the universal consciousness or the *akashic records*. Using a *spirit guide* through exomatosi, Cayce was taken to the akashic records, allowed to obtain the knowledge recorded therein and bring back treatments that were effective in healing 85% of those who came to him. Often those people

were evaluated as incurable by modern medical scientists.

I decided to replicate Cayce's experience for myself, if possible. Clearly stating a desire in my evening prayers to visit the akashic records in my dreams, I then fell asleep. The next thing I knew and remember, I met a spirit guide who took me to the akashic records, where I met a keeper of the records—an angel, if you will.

The akashic records appeared to be a



series of one-drawer file cabinets that started beyond the horizon line on the left, stretching all the way to the horizon line on the right. I was asked to present three questions about my life, then the angel took me to those points in history. The angel reached into the continuous file and held open what looked to be a file folder so I could see it. What I saw was like a color movie showing what was happening to me at that specific point in my life, about which I had questions.

The first question I asked was about a slide that fell and hit me on the head when I was four years old. I was unconscious for two weeks and paralyzed on the left side of my body. I spent a year in the hospital recovering. I was able to see the event in my life as it unfolded from start to finish.

The second question concerned the events that took place in 1959, when my father was committed to a mental hospital against his will. I was at school at the time and always wondered what happened. I was too respectful of my mom to ask her to tell me about it. I was taken to that date in the file and shown the event unfolding.

The third question I asked was about an event in 1969, when I was in Vietnam. My RTO was killed in a shoot out with the bad guys. I helped carry him away from the fire fight, and I always wondered if there was anything I could have done to save his life. I was taken by the angel to that point in the akashic records and shown the event. There was nothing else I could have done. His number was up and it was his time to die.

These are my first-hand experiences accessing the akashic records to review history and see what took place.

There are other examples of the use of exomatosis to heal people. A Hungarian gentleman by the name of Mytek practices medical healing using exomatosis. His office is located on St. Elmo Street in Bethesda, MD. Mytek's clientele includes U.S. Senators and Congressmen who have heard about his work. Bill Peterson, a retired two-star Admiral, who now lives in Annapolis, MD, is also well known for his visions and spiritual healing of medically incurable ailments.

In any large book store one can find books about out-of-body experiences, such as *Adventures Beyond the Body-How to Experi-*

ence Out-of-Body Travel by William Buhlman (Harper San Francisco, 1996). *In the Shadow of the Shaman* by Amber Wolfe (Llewellyn Publications, 1997) is a good reference book about the use of spirit guides to obtain information obscured from the view of the average person.

I learned about the Monroe Institute, the premier teaching facility for Remote Viewing and obtained their information packet. The Monroe Institute, 62 Roberts Mt. Rd., Faber, Va., 22938 Tel.804-361-1252; E-Mail: MonroeInst@aol.com web page [http://www.monroe-inst.com/]. The Wall Street Journal carried an article about the Monroe Institute's out-of-body travel teachings on September 20, 1994. I plan to attend the Institute in the near future.

I have read several books to gain an understanding of how one could learn to do out-of-body travel. Using simple techniques, developed by several well-respected professionals, I set out to achieve this out-of-body experience.

I set aside time to practice daily at 5:00AM. I would get up, have a cup

of coffee, write down the objective or target of my exomatosis experience. Then I lay down on the sofa, reached a mind-awake/body-asleep state, and projected my being (soul/spirit) to a specific location. I was not able to "get there" at first, but I refused to give up, even though I was sometimes frustrated with the lack of results.

(Continued on page 5)

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tears. When all the data were in, he analyzed them and wrote a final report. His conclusion was straightforward: The remote viewers had found no POWs anywhere. Shufelt told Congress he had come up empty-handed." (Pg.355) Is this published data fact or fiction?

There are those who contend that psychic spies found an empty cupboard when it came to live POWs when they testified before Congress. The truth is that those who promote this idea may have been lying to cover up "classified information" that, if disclosed, would violate their signed security oath or they were imbeciles, ignorant of the true facts about the intelligence program using psychic spies and their results. Mainstream Americans are willing to believe those who are accepted as authoritarian writers, who poo-hoo exomatosis as Voodoo, and say it is not possible or present it as invalid if not unbelievable. You must sort out and seek the truth for yourself in a logical format that makes sense. As a writer, I am NOT trying to lead you astray, but I am trying to document the

facts and show the data that support the very clear idea that intelligence on live POWs can be obtained, confirmed, and acted upon, even if the data comes from other than line-of-sight observations.

In conclusion, I would like to present several recommendations and suggestions that if followed, could lead to the resolution of all POW and MIA cases:

1) Put together a team of 10 psychics who are proven professionals from the government and civilian community, and task these remote viewers to use the exomatosis method to identify the live POWs by name and location.

2) Having completed the readings on all 2,200 POW/MIA discrepancy cases, the psychic team should publish their results. Example: This one is dead and the grave site is here. This one still has a heart beat and is located here.

The Insider

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written several articles on remote viewing, and met with Jack's current associate, Jan Moller, in their Washington, DC, office. Had Moller known I was looking for live POWs, he would have refused to meet with me because he was convinced by Sen. McCain (AZ) that there are no live POWs, or else the Senate Select Committee that went out of business in 1993 would have found them. This attitude is the typical prevailing press attitude towards the live POW issue. However, Moller provided me with 5 articles written by Jack Anderson that exposed remote viewing and claimed that the Anderson team had never found evidence, verbal or in writing, that remote viewing was successful in locating live POWs. Anderson's 5 articles are in the Washington Post microfilm database of historical repositories and are dated Dec. 30, 1996; Dec 23, 1996; Oct. 29, 1995; May 3, 1984; Apr. 24, 1984; and Apr. 23, 1984. Dale Van Atta had found the highly sensitive secret log that recorded the unit's activities from 1979 to 1989, documenting the U.S. Government's use of remote viewing as an intelligence tool to spy on targeted objectives. Anderson states, "...the unit tried to locate American soldiers missing from the Vietnam War. But none of the information was confirmed..." (Dec. 30, 1996). Remote spying was aimed at live POWs according to Ingo Swann, a New York artist and psychic, who was part of the project (May 3, 1984).

One of **The Insider**'s, the former head of security at the Australian Embassy in Washington, DC, located Ingo Swann in New York, and met with him on September 3, 1997, pressing for hard copy documentation

that the U.S. Government remote viewers looked for and found live POWs. The results are the two page insert in **The Insider**, December 1997, issue. You now hold in your hand the document that proves that parapsychology was used to locate live POWs. General James Shufelt, who was with the Command and Control function of the DIA, married one of the U.S. Governments psychic spies. He promoted the idea in his public statements that while the U.S. government did employ psychic spies to search for live POWs, their resulting readings were inconclusive and not confirmed using other direct intelligence collection methods: spies, electronic intercept telemetry, radar imaging, wire taps, real-time satellite observation photography, etc.

Jim Schnabel's book, *Remote Viewers: The Secret History of America's Psychic Spies* (Dell Publishing, 1997) describes an operation tasked by Brigadier General James Shufelt, a former deputy commander of INSCOM: "The Pentagon was getting pressure from veterans' groups via Congress, to investigate the widespread stories about American POWs still being held captive in Vietnam. The stories were mostly tenuous, but they raised enormous hopes in the veterans community. He wanted [Skip] Atwater's remote viewers to help out, too. He should provide the unit with two sets of photos-one of buildings in Vietnam where it was rumored that POWs were being held and the other of buildings in Vietnam where it was known for certain that there were no POWs. Shufelt sent the photos over, and Atwater put them all into target envelopes. Then he set up two RV

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Project: Unauthorized Entry

The Live POW Lobby of America sponsors trips back to Vietnam and Laos to look for the Americans who were captured alive but not released. We provide maps and put you with a team of searchers in an area where there are of live sighting reports. You stay in a hotel at night but search for POWs during the day. We have a search team advisory group that will help you with every detail. We have sent 16 teams in the last 2 years into Vietnam, Laos, Cambodia, Russia, and Cuba.

Ever thought of going to look for the live POWs?

Call us today, because you can help.

A two week trip costs about \$3500.

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I picked three targets for each out-of-body attempt, and mentally talked

myself through the steps to relax into a trance and go to these target locations. After about 30 days, with the help and advice from an experienced out-of-body traveler, I was able to go outside my house and float around it. I could see the house in great detail, even though it was dark between 5:15AM to 5:45AM.

Once I had achieved exomatosis at a

familiar location, I was ready to try something more difficult. From several different locations on the East coast I attempted to go to a particular beach on the West coast. Looking at a picture of Pigeon Point, the place I wanted to "travel" to, after about 20 attempts in 20 days I was able to smell the salt air, feel the sand under my feet and see certain features as I moved along the beach. Sometimes I walked on the sand and other times floated above the beach in the air.

On several occasions I was able to meet my coach at this beach location. The beach was approximately 3,000 miles from where I was physically located and about 1,000 miles from where my teacher lives. Nevertheless, we were able to meet at a preset time, beside a specific rock on the beach. Not a physical meeting, but our souls were gathering information to be entered into a journal immediately after the exomatosis experience. When the journal was shared with the teacher, both the student's and the teacher's experience were found to be nearly the same.

The third target was to go out-of-body to my teacher's house to stand beside her and see her. I did this after several weeks of effort, and was able to describe objects in the room, a room I had never ever been in physically. Months later, when I was physically in the room that I had traveled to in the exomatosis state, the objects were exactly as I had "seen" them while my physical body was about 2,000 miles away.

Thus, by studying, having the benefit of a coach and practicing daily, I was able to progress in about 30 days to where I could travel to these target locations, gather information and return in 20 to 30 minutes with total recall of what I had seen or perceived from locations thousands of miles away.

(Continued on page 6)

Even in the dark I could see details about my house, like roof shingles that were missing, that I did not *know* were missing. I went out to look in the light of day. They were indeed missing, having been blown off in high winds several days earlier.

Is it real, is it vivid imagination, or is it a fact that one can learn to go into another dimension and travel to a specific target, collect information and return with those feelings, perception and observations? The bottom line is YES! Out-of-body experience, or exomatosi, is real, not imaginary, and can be used as an intelligence tool. It has been used since 1978 by the U.S. Intelligence Community as a confirmation tool. The intelligence objective of going into a TOP SECRET Soviet or United States file room, opening a CLASSIFIED file cabinet, pulling open a SECRET file folder and reading the document contents has been achieved. You may ask, "How is this done?" The answer is provided by David Morehouse in his book *Psychic Warrior* (pg 241) "We are spirits loosely tethered to earth, and there are dimensions and worlds far beyond what we know here." And "...it is a pure and simple gift to us from God." (pg 183)

DOCUMENTATION

It is well documented that the U.S. intelligence services used psychic powers in what was called remote viewing programs to collect intelligence. Was this remote viewing intelligence collection method used to search for live POWs and what were the results?

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Looking for hard copy documentation to support the idea that U.S. intelligence used exomatosi to locate live POWs, this is what I learned:

INSCOM, the Army research unit that had conducted remote viewing projects, was headed by General Albert Stubblebine, Retired. He may be living in Northern Virginia, possibly working for BDM. This has not been confirmed. This information was provided by a friend involved in the project.

For a thorough description on INSCOM's success in their parapsychology program, read *The Warrior's Edge, Front Line Strategies for Victories on Corporate Battlefields* by Col. John B. Alexander, Maj. Richard Groller, and Janet Morris. Col. Alexander was the Director of the Center for Excellence - INSCOM's project name. He is now retired, and may be living in New Mexico. He was former Special Forces and has a Ph.D. in Manatology (sic: related human behavior). His wife also has a Ph.D. in a similar field.

In *Secret Warriors - Inside the Covert Military Operations of the Reagan Era*, Steven Emerson says: "Major General Albert Stubblebine took over as Commander of INSCOM (Army's Intelligence and Security Command) in 1981, and was an advocate of using parapsychology and extrasensory perception. Scoffed at as a spoon bender or kook for his belief in psychic powers, Stubblebine's efforts were directed toward uses of alternative and highly experimental psychology in the intelligence field." (pg. 103)

On March 12, 1996 "Psi-Files: The Real X-Files" was aired by PBS-TV on the Discovery Channel located in Bethesda, MD (301-986-0444). Psychic spies went on camera and told how they worked in a classified U.S. Army program that located live prisoners being used for chemical warfare experiments. This was the second in a "Spy Watch" series, chronicling an eccentric method used by the Pentagon to track down missing enemy leaders and uncover enemy secrets. For 20 years government officials have used as many as six psychics for their remote viewing skills and extra sensory perception. (*The Baltimore Sun*, March 10, 1996). I tracked the owner of this film to Channel 4 TV, 124 House Ferry Rd., London, SW1P2TX, UK. Tel. 011-441-71-396-444, Fax 306-8363. I sent a member of *The Insider* from Austria to England to obtain a copy of this film for me. On November 30, 1995, *The Baltimore Sun* outlined the Pentagon's program employing a psychic spy unit at Fort Meade (buildings T2581 & T2562, under DIA's direction) that sought "divine" intelligence data. Proponents of the project included Rep. Charlie Rose (D-NC), Sen. Claiborne Pell (D-RI), Lt. General William Odom, the U.S. Army intelligence chief, and academics at the Stanford Research Institute.

In October 1995, following a live POW search mission (1 of 21 teams dispatched by The Live POW Lobby of America) the team leader wrote in his after action report about traveling to China where he met with a Chinese psychic, Professor Yang Yuan-Chang, a professor of history at the Yunnan University. The Chinese government employs his special psychic powers to locate gold deposits before they start their explorations. The Chinese reported that the professor has an 80% accuracy rate on his perceptions. The team leader reported, "I gave him maps and the list of 137 names of our people left in Laos and Vietnam. After a week of meditation, he said

THE INSIDER newsletter started publication in January 1982 and is written by a group of current and former intelligence officers who set up an educational fund to provide government officials and the general public with hard, factual proof that Americans were captured alive, in war, who were not released. The group publishes a monthly newsletter called **THE INSIDER** that reviews CIA documents, interviews intelligence officers, provides insight through analytical review of Prisoners of War sightings and discrepancy cases of captives who were not released. **THE INSIDER** is available in hard copy format on a subscription basis at \$24.00 for 12 issues; or using personal computers via phone modem on the military affairs section on COMPUSERVE, the POW Computer Network and the National Forget-Me-Not Association Computer Network. For a hard copy subscription, write to:

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there were only 14 of these 137 alive, 6 in Vietnam and 8 in Laos. (Asked how he could tell they were still alive, he responded that he could feel their hearts beating.) He said he could also sense several grave sites of our people and located them on the Chinese map."

I took this team leader's report, maps and names and placed them before a well-respected psychic who was able to confirm by POW name and POW camp location, POWs still alive in 1997, in camps identified by the Chinese psychic in 1995. Now that this information has been obtained, what should we do with it? Who should we provide it to? Who will act upon it? Where do we go from here?

I contacted Jack Anderson, who had