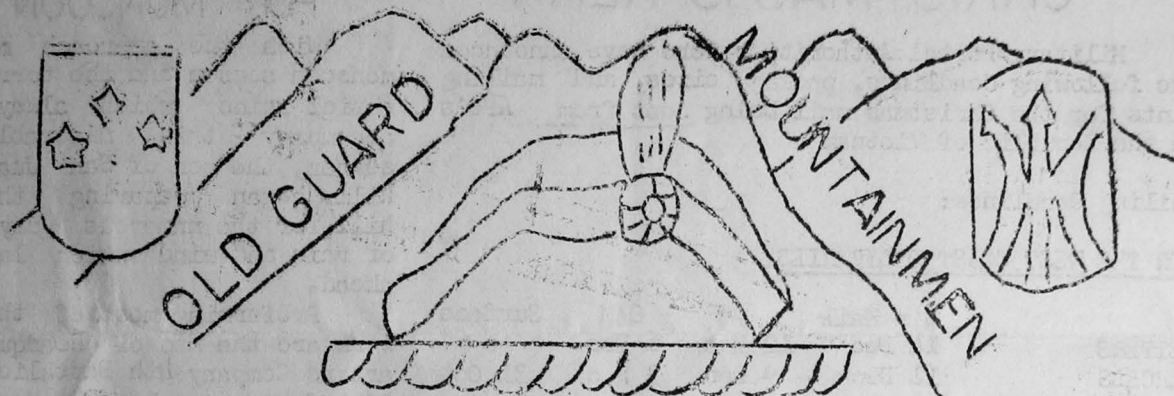


CAUTION

DO NOT TAKE OR
SEND TO THE FIELD

Vol. 1 No. 44

4th BATTALION 3d INFANTRY

27 Oct 1970

EVERY POINTMAN'S FEAR

A NEW CSM

The three seconds between life and death was recently experienced by Specialist Four Michael Freude (Torrence, California) as the pointman for Bravo Company 4th Battalion 3d Infantry tripped a booby-trap while moving along the floor of the 516 valley five miles northeast of Fire Support Base San Juan Hill.

Four men of Bravo Company were out on a small Recon patrol with Specialist Freude at the point when the action occurred. "I saw the trip wire just before I hit it, but by then it was too late to stop my forward motion. The wire was attached to a can in the brush just off the trail, a grenade fell out of the can with the spoon already flipped. I stood there at least a second, stunned, and waiting to hear an explosion, then I turned and ran back and told the others to get down," reported Specialist Freude. Luckily the grenade failed to explode; it was blown in place and the men continued on their way.

"That was the first booby-trap I've tripped in the four months I have been walking point for the company, and believe me in that one second I was scared and thought it was all over for me. I am always looking out for booby-traps and tracks on the trail, my life is mostly in the hands of my slack man because he is the one who keeps the sides and front covered," added Specialist Freude.

(Cont. on Pg. 3 Col. 2)

The Old Guard wishes to take this opportunity to welcome Command Sergeant Major Earl P. Vowell to the 4th Battalion 3d Infantry. Sergeant Major Vowell is replacing Sergeant Major John Landers who has completed his tour in the Republic of Vietnam.

Sergeant Major Vowell comes to us with 30 years of prior experience which dates back to September of 1940 where Sergeant Major Vowell entered the Army at Vancouver Barracks, Washington. With the outbreak of World War II, Sergeant Major Vowell was sent to Europe to serve with the 3d Infantry Division from 1941 to June of 1945. In that time span Sergeant Major Vowell fought in Africa before moving up to Italy, France, Germany, and Austria.

The Korean War saw Sergeant Major Vowell serving from July of 1950 to July of 1951 with the 31st Infantry Regiment of the 24th Infantry Division.

Sergeant Major Vowell made Command Sergeant Major in 1965 after which he was sent to Vietnam for the first of two tours in the Republic. His first tour came in 1966 to 1967 with the 1st Battalion of the 7th Cavalry, 1st Cavalry Division. Sergeant Major Vowell's second tour began in February of 1970 with the 2nd Battalion 60th Infantry, (Continued on page 4 Column 1)

CHRISTMAS IS NEAR

Military Postal Authorities here have announced the following deadlines, package sizes, and mailing hints for the Christmas mail being sent from APO's in the Republic of Vietnam

Mailing Deadlines:

FOR THE WEST COAST DELIVERIES:

	Air Mail	PAF	SAM	Surface
LETTERS	14 Dec	12 Dec	6 Dec	
PARCELS	11 Dec	9 Dec	3 Dec	31 Oct

FOR CENTRAL US DELIVERY

	Air Mail	PAF	SAM	Surface
LETTERS	12 Dec	11 Dec	5 Dec	
PARCELS	10 Dec	5 Dec	2 Dec	30 Oct

FOR EAST COAST DELIVERY

	Air Mail	PAF	SAM	Surface
LETTERS	12 Dec	10 Dec	4 Dec	
PARCELS	9 Dec	7 Dec	1 Dec	29 Oct

FOR HAWAII

	Air Mail	PAF	SAM	Surface
LETTERS	14 Dec	16 Dec	16 Dec	
PARCELS	14 Dec	12 Dec	11 Dec	10 Dec

FOR PACOM APO'S

	Air Mail	PAF	SAM	Surface
LETTERS	14 Dec	12 Dec	16 Dec	
PARCELS	14 Dec	11 Dec	11 Dec	10 Dec

FOR N.Y. APO'S

	Air Mail	PAF	SAM	Surface
LETTERS	11 Dec	6 Dec	8 Dec	
PARCELS	10 Dec	6 Dec	3 Dec	29 Oct

All packages must be "wrapped adequately to take them to their destination," says Postal authorities. They suggest using sturdy cartons wrapped with heavy brown wrapping paper sealed with brown paper tape or masking tape. String is also suggested. All packages will have a customs tag. Fragile merchandise should be packaged with cushioning thought by the sender to be sufficient.

All Jewelry over \$10, in value must be sent by registered mail wrapped in brown paper with all seams or openings sealed with brown paper tape or other, ink absorbent paper tape.

There is a \$50 (value of merchandise) duty
(Continued on page 3 Column 2)

THE HILLGETS READY FOR MONSOON

With the approach of monsoon season and the torrential rains which always accompany this miserable season, the men of San Juan Hill began preparing the hill for the numerous days of rain and wind which lay ahead.

Performing most of the work are the men of Headquarters Company 4th Battalion 3d Infantry, who were sent to San Juan for the purpose of repairing and improving the bunkers, trenches, fighting positions, and facilities for those who are living there permanently and for the members of the line Company's who deserve a decent place to relax and rest on their brief visits to San Juan Hill.

A great deal of work has already been done by the men with a large amount still remaining. The fighting positions have been completely re-built, bunkers are being water-proofed and re-sand bagged. The mess-hall has also been repaired and many of the structures on TOC are being worked on.

The work is hard and has not gone without notice, on a recent firebase inspection by Brigadier General Mataxis, the fighting positions were noticed and commended as was other work performed by the men.

There is still much work to be done and the men of Headquarters Company are working hard to try to complete the work before the rains set in.

PROBLEMS DURING MONSOON

The monsoon season is practically upon us, and along with the torrential rains, sloppy mud, and generally miserable dampness, there comes a host of medical problems that will affect you, the individual soldier, personally. The following information will offer tips of how you can prevent or at least decrease the severity of some of these problems.

MALARIA: More rains means more mosquitoes, so the pill is not enough. Use personal protective measures at all times.

Roll down sleeves and button collars after 1800 hours.

Use insect repellent

Use bed nets when possible

Roll up pants into boots

Make doubly sure you take the pill daily including the orange one every Monday.

FOOT PROBLEMS: Immersion foot is caused by excessive moisture in contact with the skin of the feet, and complicated by the pressure of the boots.

If at all possible let your feet air dry for a hour or two each day.

Use plenty of foot powder

At the first sign of discomfort, see your platoon Aidman, he may be able to prevent your feet from getting infected, or he will advise that you be sent into the Aid Station for immediate treatment.

Athletes foot is a fungus infection usually located between the toes.

Use medicated foot powder daily

let your feet air dry if possible

See your medical Aidman he has medication that will prevent further infection.

Don't wear socks in extremely wet areas (unless your feet are sensitive to boot leather)

Carry at least one dry socks in a plastic bag and change socks daily when possible.

OTHER SKIN PROBLEMS: (Rashes, gook sores, etc.)

(Cont. on page 4 Column 1)

EVERY POINTMAN'S FEAR

Pointmen move the company and thus are a valuable asset. Good pointmen are hard to find and Bravo Company is lucky to have one as experienced as Specialist Freude.

CHRISTMAS IS NEAR

There is a \$50 (value of merchandise) duty exemption per person, per day for all military personnel for the items purchased in the PX only, based on the date of arrival at customs in the United States. Any merchandise valued at more than \$50 must be declared and the duty paid on the value of the merchandise above \$50.

There is a \$10 (value of Merchandise) duty exemption per person per day, for anyone with APO privileges. Again, the value of an item over \$10 must be declared. The daily \$10 exemption is also based on the date of arrival in the United States.

Seigon APO says they are adding transportation and TDY help for the Christmas Season. Starting October 1, they say they are starting an expanded, 24 hour operation to handle the season mail.

Personnel are also reminded that gifts ordered from PACEX can be sent to CONUS with the first \$10 dollars exempt from customs duty.
(American Daily Bulletin.)

ITS YOUR PAPER

The Old Guard encourage those personnel in the field and in the rear to write stories and poems to be published in the Battalion paper. Any material should be submitted to the Editor of the Old Guard in care of S1. All stories will have to be cleared by the Battalion Adjutant before being published.

The Battalion newspaper is printed for the men of the 4th Battalion 3d Infantry and thus if you have any suggestions on improving your paper please contact the editor of the Old Guard.

MONSOON CONT.

RASHES: Are caused by either bacteria or fungus infection on the skin.

Wash affected area as often as possible.

Don't wear underwear

See your Aidman and follow his instructions. The medication he has will work if you use them properly.

GOOK Sores: Are open lesions caused by bacterial infections.

At the first sign of a break in the skin no matter how small see your aidman. He will disinfect it, and this may prevent the development of a gook sore.

If one develops, have it cleaned twice daily by the aidman. It is important that he change the dressing when it becomes wet or dirty.

RINGWORM: Is a fungus infection that appears as red circles.

At the first sign of ringworm see your aidman. He has medication with him that can knock it out in the early stages. Don't ignore it and let it spread. The longer you let it go, the harder it will be to cure later.

We are not saying that if you follow these tips, you won't get these problems. They will make the problems less severe, however. Each Platoon has a Medical Aidman who is there to help take care of you the foot soldier. Use his knowledge and skill to help, take care of your skin and foot problems.

Captain Lawrence C. Wan
Battalion Surgeon

NEW CSM CONT.

3d Brigade of the 9th Division Sergeant Major Vowell spent 8 months with the 9th Division being sent to Cambodia and War Zone C before being transferred to the 4th Battalion 3d Infantry to complete the remaining 4 months of his tour in the Republic of Vietnam.

Sergeant Major Vowell is married with one son who is also married. His wife now resides in Greenville, Mississippi.

IT'S YOUR FUTURE

What will your future be and what do you plan on doing to improve yourself for the future?

The Army can help you decide if you are interested and qualified.

Just what are some of the things the Army has for those people who want to remain in.

1. Medical Care
2. Dental Care
3. Periodic Pay raises
4. Advancement
5. Schooling
6. Variable re-enlistment Bonus
7. Housing if married
8. Travel
9. Legal Counseling
10. Extra cash for special assignments.
11. Paid vacations of 30 days a year

If you do not possess a critical MOS you can choose from over 200 fields of schooling.

You can get a high school degree and a college degree from one of many programs which the Army has to offer that will actually send you to college.

See your Career Counselor for full information. Your Career Counselor is located at Battalion Sl. SEE HIM NOW..

OLD GUARD

LTC ALBERT COAST
1LT REED SIMMONS
SP4 JAMES TABATA

CO
SL
EDITOR

This newssheet is published weekly under the supervision of Sl 4th Bn. 3d Inf., 11th Bde. Americal Division APO SF 96217 as an authorized unofficial publication. Views and opinions expressed herein do not necessarily represent those of the Department of the Army, ARPS, ANF, and Command Information used.

Telephone Pointer Rear Sl
Publication is mimeographed

AWARDS

Below is a list of Achievement and Service Awards that have been approved during the month of October. (A=Achievement, S=Service)

HEADQUARTERS

SFC Toth Mihaly	BS"S"
SGT Roger Deskins	BS"S"
SF5 Arnold Hines	"
SP4 Veral Crossen	"
CSM John Landers	"
LSG Frank Brownlee	"
SP4 James Boitz	ACM"A"
SGT Gordon Seals	ACM"A"
SP4 Danny Battle	ACM"A"
SP4 Thomas Devins	"
SP4 Wayne Dyer	"
SP4 Calvin Johnson	"
PFC Benigno Campa	"
PFC James Kresal	"
PFC Norman Landry	"
PFC Raymond Raatz	"
PFC William Thompson	"
PV2 Charles Campbell	"

ALPHA

SP4 Charles Agnew	BS"S"
SP4 Michael Baumgartner	BS"S"
SP4 Earnest Bishop	BS"S"
SP4 Alfred Crawford	"
SP4 Barry Croy	"
SP4 Gary Field	"
SP4 Steven Fitzgerald	"
SP4 Roy Ivey	"
SP4 George Murphy	"
SP4 Ben Philpott	"
SP4 John Wright	"

BRAVO

SSG James Kinsey	BS"S"
SGT David Mitchell	BS"S"
SP4 Jerrel Taylor	BS"S"
SP4 David Yusinski	"
SP4 Eddie McAmis	"
PFC John Sirkey	"
PFC Bobbie Howard	"

BRAVO CONT.

PFC Dominick Mercurio	BS"S"
PFC Donnie Padgett	BS"S"
PFC Renn Russell	"
PV2 Michael June	"
SP4 Michael Mobbs	"

CHARLIE

SFC Kenneth Bassett	BS"A"
SP4 Kenneth Copeland	ACM"S"
SP4 Luis Ybarra	"
SP4 Clyde Collins	BS"S"
SP4 Festos Bennett	ACM"A"
PFC Lyle Elias	ACM"A"
PFC Rex Fahsler	ACM"A"

DELTA

SGT William Hill	ACM"A"
SP4 Orville DeNeui	"
SP4 Robert McCabe	"
PFC Stephen Hoare	"
SP4 Rodney Carlson	BS"S"
CPT Robert Yeargan	BS"S"
SP4 Ronald Arnold	"
SP4 Jack Boyd	"
PFC Donald Bohlender	"
PFC Rick Daniels	"
SP4 John Tredennick	"
SP4 Stanley Zaunmiller	"

ECHO

SP4 John McCall	ACM"A"
SP4 George Anderson	ACM"S"
SGT Larry Mathis	BS"S"
SP4 Roger Ford	BS"S"
SP4 Oscar Smith	"
SP4 Floyd Smith	"
PFC George Crawford	"
PFC Michael Sandefer	"
PFC John Treadmen	"
SP4 William Belcher	"

TAKE	MALARIA	YOUR
ORANGE	WHITE	
YOUR	PILL	NOW

POSTAGE
3d class 4¢
Air Mail 10¢

APO SAN FRANCISCO 96217

Mail Your

Newsheet

Home Now