

PRACTICAL IDEALISM

it is possible.

There is a way to live by your ideals in the midst of daily life, to realize your own potential for meaningful living while fulfilling your normal responsibilities. The INSTITUTE FOR PRACTICAL IDEALISM offers courses and programs which help you to evolve to a higher way of seeing and understanding through methods and skills for practical, purposeful living.

The Institute's Spring and Summer program of seminars, intensives, courses, apprenticeships and retreats provides a wide variety of opportunities for participants to explore and develop their own inner spirit, and to learn practical techniques and methods of making daily work a source of personal fullness and freedom. Some will be presented in the Washington Area, and others at the World Community/Bedford, Va., an 85-acre Practical Idealistic community setting located 4 hours south of Washington.

The World Community has for years been the site of ongoing research in solar and alternative energy, Evolutionary Education schools, organic gardening, community development, studies in dynamic community living. It is also the home of Prema Fellowship, an interfaith spiritual association founded on universal ideals, which sponsors meditation and silence retreats in cooperation with the Institute.

The INSTITUTE FOR PRACTICAL IDEALISM operates according to seven councils: the Council on Education, the Council on Energy, Council on the Human Community, Council on Business and Economics, Council on Science and Life, Council on the Humanities, and the Children's Involvement Council. Each council is responsible for a specific area of activity and has the greatest degree of autonomy possible, while working to support the same philosophy and ideals. They are united in the inner purpose of refining the human potential and building a deeper understanding of the human community.

The INSTITUTE FOR PRACTICAL IDEALISM is founded upon the principles of Evolutionary Education and Practical Idealism.

EVOLUTIONARY EDUCATION is a way for people of all ages to approach and understand life. It is a method of responding and adapting to the need of the moment with the conscious intention of developing one's capabilities to the fullest. PRACTICAL IDEALISM is the expression of high ideals in practical action. It is the result of awakening and refining the human potential with a spirit of selflessness and service.

Each program will provide participants with a balanced schedule of classes, workshops and seminars, as well as practical exercises in movement, meditation, and methods for integrating outer knowledge with inner practice.

WASHINGTON, D.C.

Courses:

- THE READING EXPERIENCE May 15 - June 26
- HUMAN SYNTHESIS May 15 - June 12

BEDFORD, VA

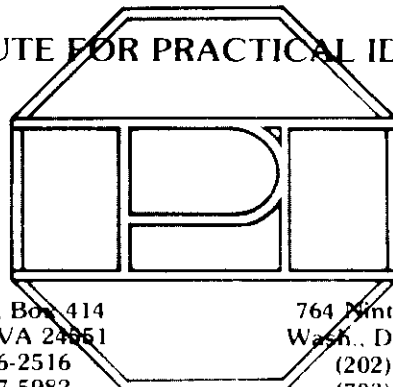
Weekend Intensives and 5-day Sessions

- ALTERNATIVE HEALING METHODS June 16 - 17
- SILENCE AND MEDITATION RETREATS June 23 - 24 Sept 15 - 16
- EVOLUTIONARY EDUCATION: CHILDHOOD THROUGH COLLEGE LEVEL EDUCATION July 4 - 8
- EVOLUTIONARY EDUCATION: COMMUNITY LIVING August 1 - 5
- A LIFE WITHOUT ANGER? August 11 - 12
- HUMAN SYNTHESIS AND LONGEVITY EXERCISES August 18 - 19
- EVOLUTIONARY EDUCATION: SERVICES FOR THE GLOBAL COMMUNITY August 31 - Sept 5
- PARENTHOOD Sept 8 - 9
- MUSIC, ART, DRAMA, AS A WAY OF SEEING ONESELF Sept 11 - 14

Weekend Intensives:

- EFFECTIVE COMMUNICATION May 26 - 27
- RIGHT LIVELIHOOD AND THE SMALL BUSINESSPERSON August 18 - 19

INSTITUTE FOR PRACTICAL IDEALISM



Route 1, Box 414
Forest, VA 24051
(804) 846-2516
(703) 297-5982

764 Ninth St. S.E.
Wash., D.C. 20003
(202) 547-9411
(703) 920-1650

SEE OTHER SIDE FOR MORE INFORMATION
PLEASE WRITE FOR DETAILED BROCHURE

SPECIAL PROGRAMS

NEW AGE SUMMER CAMP - Self-reliance and cooperation through traditional camp activities, with expansive cultural program: arts, crafts, music, in honor of the UN's INTERNATIONAL YEAR OF THE CHILD, to foster World Peace and Global Understanding. Children 9-14. July 14-28. Write for brochure.

APPRENTICESHIPS IN COMMUNITY LIVING - Month-long or longer. Write for details.

WEEKEND INTENSIVES

(accommodations not included)

EFFECTIVE COMMUNICATION:

May 26 - 27

Listening skills (receiving) are as important as conveying the intention (transmitting) in effective communication. Dynamic speaking and listening as energy exchange, translating visual perception to verbal expression, methods for developing concentration and clarity, movement and posture as communication, spontaneous speeches, listening exercises, the form for Meaning in writing, and silent communications will be explored in this intensive.

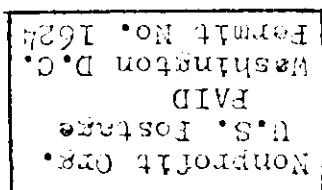
RIGHT LIVELIHOOD & THE SMALL BUSINESSPERSON:

August 18 - 19

This weekend will consist of sessions presenting and discussing topics such as "practicing your idealism in a business context" and the effects of global economics on small businesses. Business as a vehicle for personal development, and the interactive effects of recession, politics and the world situation will be analyzed, with practical strategies and tactics formulated for economic survival in 1979-80. Stress reduction techniques, methods for developing personal magnetism and understanding of one's inner purpose, the principles of attraction and activating imagination in business will be explored.

Weekend Intensives are offered at 764 Ninth Street, S.E., Washington, D.C.
(202) 547-9411 or (703) 920-1650

Please Post!



764 Ninth Street, S.E.
Washington, D.C. 20003

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Forest, VA 24551

Institute for Practical Idealism



INSTITUTE FOR PRACTICAL IDEALISM

Spring and Summer Calendar

COURSES IN WASHINGTON, D.C.

beginning May 15

THE READING EXPERIENCE:

Tuesdays, 6:00 - 8:00 P.M.

A synthesis of 2 well-known and thoroughly tested speed reading programs. In addition to increasing reading speeds and teaching a variety of strategies for different kinds of reading materials, THE READING EXPERIENCE gives you an opportunity to experience the process of going beyond your own limitations, and to realize that this process can be translated into other areas of your life. 8 weeks; 2-hour sessions structured to include practice and review time to retain skills.

HUMAN SYNTHESIS:

Tuesdays, 8:00 - 9:30 P.M.

A way of transforming yourself through the science of movement, will-power and breath. HUMAN SYNTHESIS helps you to develop concentration, self-discipline, certainty and a new perspective on life through techniques for rejuvenating body, mind and emotions, tapping your own unlimited resources of energy, and harmonizing your inner and outer self. A practical and inspiring way to bring peace and fulfillment into your daily activities: 6 weeks; 1½-hour sessions.

Location of Courses: 2027 Massachusetts Avenue, Washington, D.C.