

The National Health Federation

212 WEST FOOTHILL BOULEVARD

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MONROVIA, CALIFORNIA 91016

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DEAR FREEDOM CRUSADER:

As a member of the National Health Federation, you have joined with us for the past ten years, in battling for the right of the consumer to purchase Vitamins and Food Supplements without potency (strength) restrictions since 1962. It was in that year the Food and Drug Administration first sought to reduce the potency (strength) of food supplements and vitamins to such a minute strength that they would be practically useless. With your cooperation and that of our thousands of members, we were able to delay the enforcement of these regulations until 1973.

ON JANUARY 19th OF THIS YEAR, regulations were established by the FDA which would deliver the final death blow for freedom of choice in matters of vitamin potency. These regulations make it a felony to manufacture or sell food supplements other than with extreme limitations as to potency, such as 225 mgs. on Vitamin B.1 or 90 mgs. on Vitamin C, or 45 international units on Vitamin E per tablet. These are the minimum daily allowances of vitamins under which a person could not live in any state of health. These regulations do not provide for the many millions of people who need more than the minimum daily requirement and further they make it a felony to tell the truth about why the American food supply is short of essential minerals, vitamins etc. These regulations are now the law and will be enforced unless the people rise up against them.

THE TIME HAS ARRIVED for each one, who is opposed to bureaucratic dictatorship of the food we eat, to rise up and advise their Senators that we will not stand for this outrageous interference of our freedom of choice in matters of health and the food we eat. If you are concerned about this situation, please read the enclosed letters, sign and send them to your Senators. There are two for each State in the union. The address of your Senator is at the head of the enclosed letter and all you have to do is fill in his name and mail it to him. If you do not know the name of your Senator, you may secure it from your local newspaper, public library or chamber of commerce.

IT IS OUR SINCERE HOPE that every member will give us the same cooperation with these letters to Senators as they gave us in our campaign for a million voters to send a letter to their Congressmen which resulted in a tremendous victory. We urge you as a member to secure additional copies of this letter - WHICH MAY BE SECURED FROM THE MONROVIA OFFICE in LOTS of 100 for \$1.00, and get as many people to sign and mail them as possible. Please encourage your friends who are interested in this matter to send in these letters. Senators are always glad to hear from their constituents. These letters have been printed so they can be reproduced by any printer.

Sincerely yours,


CHARLES I. CRECELIUS, President.


FRED J. HART, Chairman of the Board.

P.S. THIS FIGHT, IF CARRIED TO A SUCCESSFUL CONCLUSION USING A LEGISLATIVE AND LEGAL APPROACH, WILL COST UPWARDS OF \$50,000. IF YOU HAVE NOT ALREADY SENT IN A CONTRIBUTION, WE WOULD APPRECIATE ONE SO THAT WE CAN SUPPORT THE COURT BATTLE WHICH WE ARE NOW INITIATING.

THE ADVANTAGE OF COURT ACTION WOULD STAY THE ENFORCEMENT OF THE REGULATIONS UNTIL LEGAL DECISIONS ARE MADE.

EITHER WE FIGHT NOW AND WIN OR FOOD SUPPLEMENTS AND VITAMINS AS WE NOW KNOW THEM, ARE OUT OF THE WINDOW.

PLEASE USE THE ENCLOSED POSTAGE PAID ENVELOPE FOR YOUR CONTRIBUTION OR YOUR 1974 DUES IF YOU HAVE NOT PAID THEM.

Enc: Letters to Senators; postage paid envelope.

FJH/hm

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*Conservative--Republican
**Independent--Democrat