

DEPARTMENT OF THE NAVY
MILITARY SEA TRANSPORTATION SERVICE, PACIFIC AREA
FORT MASON
SAN FRANCISCO, CALIFORNIA 94129
MSTSPAC 6010.6A
P-4M
22 March 1965

MSTSPAC INSTRUCTION 6010.6A

From: Commander Military Sea Transportation Service, Pacific Area
To: Distribution List

Subj: MSTSPAC Civilian Blood Bank; support of

Encl: (1) Standards and Policies of the Irwin Memorial Blood Bank

1. Purpose. To prescribe procedures for the support and administration of the MSTSPAC Civilian Blood Bank in USNS ships.

2. Cancellation. MSTSPACINST 6010.6 is cancelled. *

3. Background. The MSTSPAC Civilian Blood Bank is a reserve fund of blood maintained at the Irwin Memorial Blood Bank for the use of employees of MSTSPAC and their immediate families and dependents. Deposited blood is in turn withdrawn to meet the blood needs of persons undergoing surgery or in hospitals on serious or critical lists. Employees may draw from this fund as long as they are on the active rolls of MSTSPAC. The Irwin Memorial Blood Bank is a depository for blood of many organized groups comprised of employees of Federal agencies as well as commercial enterprises. The blood donated by the employees of one group is available to the employees of other member groups when needed. The cost to the user is nominal. *

4. Responsibility

a. The COMSTSPAC Medical Officer is responsible for the administration of the MSTSPAC Civilian Blood Bank and all requests for withdrawals will be made to the Medical Office.

b. Masters of MSTSPAC ships shall support and publicize the program on board ship and encourage marine employees to make regular donations of blood.

c. The Medical Officer will arrange for transportation by bus of large groups of donors when requested to do so by the ship's Master. Transportation for small groups of employees from one ship will be arranged by the ship. *

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5. Action. The Master shall designate a representative to coordinate the shipboard program. His duties shall be to:

- a. Maintain an active blood donor program aboard ship.
- b. Acquaint prospective donors with the contents of enclosure (1).
- c. Advise employees that they may be excused from work for the time necessary to make blood donations, provided, however, that such time may not exceed four hours. Time excused for this purpose will not be charged to leave.
- d. Report names of prospective donors to the COMSTSPAC Medical Officer so that appointments may be arranged.



W. M. PRICE
Chief of Staff

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ENCLOSURE (1)

STANDARDS AND POLICIES
OF THE
IRWIN MEMORIAL BLOOD BANK
OF THE
SAN FRANCISCO MEDICAL SOCIETY

I. AGE LIMIT:

1. Donors must be between the ages of 18 and 60.
2. When indicated, a blood bank representative may request proof of age, identity and related pertinent data.
3. Minors between 18 and 21 years must present written permission of parents (or parent) or legal guardian before donating blood. The following statement must be written on the history card and signed by the donor:

"I certify the attached signature is that of my parent(s),
legal guardian."

EXCEPTIONS:

- a. Any lawfully married person between the ages of 18 and 21 may donate blood without parental permission.
- b. Subsequent judgment of annulment of such marriage shall not deprive such person of his adult status unless such judgment is obtained in an action commenced prior to his reaching the age of 18 years, in which latter event he shall be deemed to have remained a minor at all times, notwithstanding such marriage.
- c. A divorced minor would be considered an unmarried person and the consent of a parent or guardian is necessary in such a case.
- d. Military personnel between 18 and 21 years who wish to donate blood for the civilian blood program are exempt from parental permission, but written approval should be obtained from the commanding officer.

NOTE: Civilian workers between the ages of 18 and 21 years employed on military installations must have written permission of parent or legal guardian when donating blood.

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II. FOOD AND BEVERAGES:

* A low fat meal should be eaten within four hours before giving blood. NO CREAM, BUTTER OR FRIED FOODS SHOULD BE TAKEN.

III. INTERVAL BETWEEN DONATIONS:

Three months, or twelve weeks, should elapse between each blood donation.

IV. MALARIA RULING:

1. Persons who have had malaria and received therapy, but who have not had a clinical attack in the two years preceding donation may be accepted.

2. Persons who have been in a malaria area and who have had suppressive therapy within six months may not be accepted.

V. JAUNDICE RULING:

1. Persons who have had acute infectious hepatitis may not be accepted to give blood.

2. Persons who have had close contact (household or hospital) within the preceding six months with an individual who has had infectious hepatitis may not be accepted to give blood.

VI. INFECTIOUS MONONUCLEOSIS:

Persons without a history of mononucleosis within the past 12 months may be accepted to give blood.

VII. PREGNANCY:

Pregnant women may not donate blood, nor for six months post-partum.

VIII. WEIGHT STANDARDS:

Donors should weigh a minimum of 110 lbs. Accepting borderline cases is left to the discretion of the attending physician.

IX. AIR TRAVEL:

After a blood donation, it is recommended that twelve (12) hours elapse before an individual goes up in an airplane.

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X. VACCINATIONS AND INOCULATIONS:

Vaccinations should not normally interfere with blood donations. *
Exception: One year must elapse between a rabies vaccination and blood
donation. After inoculations, a two week period should elapse before
a person gives blood.

AT THE TIME OF DONATION, MORE DETAILED MEDICAL HISTORIES ARE TAKEN
WHICH OFTEN RESULT IN ADDITIONAL REFUSALS. THE EXAMINING PHYSICIAN
MAKES THE FINAL DECISION AS TO THE ACCEPTANCE OR REJECTION OF EACH DONOR.