

Excerpts <u>"In Search of the Warrior Spirit"</u> by Richard Strizzi Heckler N. Atlantic Books Novato, California Copyright 1990		
New Guy	The Experience	The Veteran
		Awareness
		Loving Spirit
		Peace
		Contemplative
Inexorably drawn to face the abomination by Conrad		
Heart of darkness		
	Strength, integrity, defeating inner demons	
	NVA, small unit tactics	
	Simplicity, heart	
		Courage, selflessness, loyalty, commitment
		Myaguez, loss of warrior spirit, dignity
Vicit tecum		
	A communication, layered meanings, brimming with moral questions	
	Christian fundamentalism vs. Asian philosophy "Many spokes to wheel"	
	Control follows awareness	
	Initiatory trial of harassment	
Glide, energy and intent		
Graceful, daring		
		Reconciling feelings
	Enemy is to be killed, hurt, by caring, instinctive and trained	
	Life & death = love & power	
	Probe inconsistency, find vital point, unleash predator, measure response, express concern	

New Guy	The Experience	The Veteran
		Phil Coputo "Death will not alter the course of war"
Fear, vulnerability, patriotism and duty		
	SLA Marshall, social, logical and statistical level, not passion	
Human longing to experience courage, selflessness, heros, service, transcendence		
Warrior ancestor skills		
Discover what needs war answers		
Taoist virtues-resistance yielding, effortless effort		
	The opponent is within	
		Dignity, compassion, integrity
Denial of vulnerability		
	Avenge	
	Heroically suffering losses, some victories, no lucky breaks, scorned by public, nobility of suffering and path of self realization, integrity of facing own demons	
		To embody our deepest values in the flesh
		Compassion, to be vulnerable
Pursuit of danger to display physical courage		
Not supposed to cry, endure, be strong, not carried away by emotions, keep bottled up		
		Asked to pay attentions to feelings, deepen and expand awareness
	To concentrate under pressure, common humanity, compassion on our humanity	
	Real experiences, mentally, physically	
	Consciousness = choice	
Sacred Warrior to serve		

New Guy	The Experience	The Veteran
	Dark God of war to destroy me if I fall unaware	
	Not considering politics of science	
	Conflict	
		Resolution of conflict
Perceived human need "incredible urge to be right"		
	Conscious choice, paying attention, yellow light for intent green light of action	
	Pay attention, Stay awake, be aware	
		Warrior Code
		The imperishable elements of Loyalty, Integrity, Intensity, Compassion, Service, Calmness under fire
		Patience
	Strength of will	
	Aware of limitations	
	We're all acolyte warriors until tested in combat	
	We beseech Mars, the God of War to deliver us to the crucial battle field that will redeem us into the terrifying, immediacy of the moment	
	We long for the encounter with what will ultimately empower us with dignity and honor	
	Spiritual emptiness, an inner hunger impels men into combat	
	Where there is no fanfare about loyalty	
	Fatigued, exhausted, inside there is an aliveness, trembling, between dread and pleasure	
		Showing fear

New Guy	The Experience	The Veteran
		Comrades in arms
		Unite in an experience and openness
Ethics of responsibility first start within us		
	Commitment, Whatever it takes	
	Emotional life and death	
Official state of mind		
	The conscious is disengaged from the chatter	
		Inducive to excellerated learning, creative problem solving, over-efforting creates muscle tension moves us out of multi-dimensional alpha state into a more linear beta state
	Combat veterans block the ties alfa state to cope against stress and to defend against openness, preventing relaxation	
		Our society relies on war to fulfil certain needs and reflects a spiritual poverty of our society
		The American military ending. Care and feeling are there, but don't get too attached. You'll have to leave

New Guy	The Experience	The Veteran
	<p>Death, the ultimate fear, But only comes to claim you. Sometimes he appears, Maybe as a threat, Maybe as a warning, not claiming you. His brother in darkness, that malevolent spirit of war, known by many names, This time it was Vietnam. You saw his reflection etched in the faces Of those who faced him, with you. The closer the spirits swarmed, The more alive and determined I became, Not me, Not this time....</p>	

New Guy	The Experience	The Veteran
	Determination, destruction, barrenness	
Deepening of faith through hopelessness, despair, resignation, acceptance, determination, duty, miracle of prayers answered or a question of experience and qualifications		
	Acceptance of death is indeed the end of all things, circumstances beyond control	
	Laughter, released tensions, a rare sharing of human warmth	
	Senselessness and dreariness	
	Time passed in killing rats	
		Could not reconcile war and religion
	Nearness of enemy brings changes in every man, the mysterious force brings alertness, aliveness, voices are different, bodies are full of readiness, animal reflexes on edge	
Drawn to embrace the action, drawn inescapably, irresistibly		
	Tense waiting, watching, profound exponential growth in senses, an electric current of its own	
	Relaxed days, mission, alternated with danger	
		Through the hell of war, sweetness of peace
	At the end of the day, the NVA had heart with a single pistol left, still shooting	
		Moral decline, social wounds of war included VD, babies, drugs, fraggings and racial strife

		Veterans share guilt of survivors, why me, why them, they returned prematurely aged with a reverence of life, a sense of emptiness, need to comprehend experiences as they relate to the individual, the war and the nation
Seeking manhood at the price of innocence lost, psychic wounds		
	Drinking and sex to obliterate the meaninglessness	
		Love, contentment, peace, happiness
		Men of honesty, dignity, courage

Audio editing, reproduction, packaging and advice	Judy Byers Audio Cassette Producers (303) 691-2225	
Producing video tapes	Home Video: Producing for the Home Market Michael Weise PO Box 406 Westport, CT 06881	
Software packaging and marketing	Education Information Systems, Inc; Irv Brechner P.O. Box 5125 Ridgewood, NJ 07451	
ISBN Number Request a log sheet for 10, 100 or 1,000 titles also request a Standard address number	International Standard Book Numbering Agency 121 Chanlon Road New Providence, NJ 07974 (908) 665-2883	\$100.00
Bar Code	<i>Machine-Readable Coding Guidelines for the U.S. Book Industry</i> The Book Industry Study Group 160 Fifth Avenue, #604 New York, NY 10010 (212) 929-1393	\$5.00
Advanced Book Information Request ABI guide book and a half-dozen ABI forms	ABI Department R. R. Bowker Co. 121 Chanlon Road New Providence, NJ 07974 (800) 521-8110	
"Procedures for Securing Preassigned Library of Congress Catalog Card Numbers" and "Request for Preassignment of LCC Number" Form 607-7)	Library of Congress Washington, DC 20540	
Copyright 3 copies of Form TX Circular 1 Copyright Basics Circular 2 Publications of the Copyright Office	Register of Copyrights Library of Congress Washington, DC 20559	
Send Pre-publication reviews to all on pages 174-180.		

✓
✓
✓
✓
✓