

# MEAL RECOMMENDATION FOR FLYING DUTY

For use of this form, see AR 40-501; the proponent agency is the Office of the Surgeon General

TO: (Include ZIP Code)

FROM: (Include ZIP Code)

AVIATION HEALTH CLINIC, TMC #5

FT SILL, OK 73503

5. TYPE FLYING DUTY PERFORMED

1. NAME (Last, First, MI)

2. SSN

3. GRADE

4. BRANCH

6. ORGANIZATION

## CERTIFICATION

(Minimum of three blocks must be checked)

- ☒ I certify that I am on flying status according to current orders.
- ☐ I certify that I have an official waiver of medical disqualification for flying duties.
- ☒ I certify that I have been notified of the recommendations below and understand the action taken this date.
- ☐ I have a medical disqualification for flying duty.
- ☒ I am medically qualified to perform flying duties.

(Signature of Airman)

7. MEDICAL CLEARANCE IS GRANTED FOR THE FOLLOWING REQUIREMENT

8. DATE MEDICAL CLEARANCE EXPIRES (Year, Month, Day)

- ☒ REPORTING TO NEW STATION ☒ MEDICAL EXAMINATION ☐ AFTER AIRCRAFT ACCIDENT
- ☐ OTHER (Give full explanation under REMARKS)

### DIAGNOSIS CODES

PREFIX	WAIVER CODE	SUFFIX

9. WAIVERS OF MEDICAL DISQUALIFICATION FOR FLYING DUTY

## ACTION RECOMMENDED

### DISQUALIFYING ACTIONS

### QUALIFYING ACTIONS

10. ESTIMATED DURATION OF INCAPACITY TO FLY (Give duration in days or months as applicable)

14. TERMINATION OF MEDICAL RESTRICTION EFFECTIVE (Year, Month, Day)

11. MEDICAL RESTRICTION FOLLOWING AIRCRAFT ACCIDENT EFFECTIVE (Year, Month, Day)

15. DA TERMINATION OF SUSPENSION EFFECTIVE (Year, Month, Day)

12. MEDICAL RESTRICTION EFFECTIVE (Year, Month, Day)

16. AIRCREWMAN WAS HOSPITALIZED  
☐ YES ☐ NO

13. DA SUSPENSION EFFECTIVE (Year, Month, Day)

17. PROFILE (Check only if changed from last profile)  
☐ CHANGE

P U L H E S

REMARKS

TYPED NAME AND GRADE OF FLIGHT SURGEON

SIGNATURE

DATE

DR KEITH RUSSELL  
CPT, MC, FS

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